



Components of a Successful Job Shadowing Experience

It is important to remember that job shadowing experiences are not intended to teach students specific job skills. Rather, they provide students with an opportunity to learn first hand about the work environment, the business/industry operation, and the skills they will need to be successful in a given occupation. A successful job shadowing experience can influence a student's career selection, and can accomplish a number of goals, including:

- Assist the student in assessing personal strengths and limitations, and comparing those with early career choices.
- Provide for realistic exploration in a variety of work settings.
- Assist the student in redirection, if more appropriate areas seem evident.
- Increase the probability of the student selecting a career that is personally rewarding.

Upon completing the job shadowing experience, students should be able to identify careers they would like to explore further. They should also be able to:

- Identify their own personal worker traits, including interests, aptitudes, and abilities
- Understand the worker trait requirements, training time, aptitudes, and ideal personality for the occupations shadowed
- Understand the nature of the work, places of employment, earnings, and work conditions
- Understand the basic vocabulary used in obtaining and holding a job in a specific career area
- Understand the skills required for entrance into the careers shadowed